

Personal Plan - Antisocial Behaviour

1 My Details

2 My Action Plan

Name *(Required)*

First

Last

Email *(Required)*

Today's Date *(Required)*

DD

MM

YYYY

Section 1: Types of antisocial behaviour

Which of these are examples of antisocial behaviour?

Tip: When someone behaves in a certain way that causes harassment, alarm or distress to others it is called antisocial behaviour.

- Playing music loudly during the night
- Slamming doors
- Arguing loudly
- Leaving barking dogs outside during the night
- Smoking cannabis

Who can cause antisocial behaviour?

Tip: Remember that your own behaviour could also become a nuisance to others.

- Only my neighbours
- Only people I don't know
- Anyone can cause antisocial behaviour

When can I play my music loudly?

Tip: Remember that your own behaviour could also become a nuisance to others.

- Within reasonable hours and if no-one objects to it
- Any time I like

What can I do if someone is being antisocial?

Tip: Sometimes, if you know it is safe to approach the person, you can ask them to stop what they are doing; They might not have known they were being a nuisance.

- Politely mention the problem to the person causing it
- Report the antisocial behaviour to the council or the police

Section 2: Cuckooing

I could be at risk of "cuckooing" if:

Tip: People sometimes try to move in on people's homes or possessions. This is known as "cuckooing" and must be reported to the police.

- Someone offers gifts in return for use of my home or my things
- Someone invites their friends to my home without my permission
- Someone tries to stay at my home without my permission
- Someone comes into my home and takes my money
- Someone asks me to withdraw money for them, or takes my bank cards

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What ACTION will I take to improve my awareness of antisocial behaviour and cuckooing?

Consider your answers from the previous questions then plan your personal improvements here.

I will need the following SUPPORT to achieve my goals:

Enter details of WHO can provide support, WHAT support needs to be provided and WHEN progress should next be reviewed. If you do not require further support, enter NONE.

Please continue on a separate sheet if you need to add more information. Thurrock Lifestyle Solutions CIC will review completed forms to provide relevant approved support. The information provided should not contain sensitive personal data such as your address, telephone number or bank details.